

Mealtimes:
Breakfast: 8 am – 10 am
Lunch: 12 pm – 2 pm
Dinner: 6 pm-8 pm

Thursday, July 19, 2018

9 am-9 pm Registration is open! Please check in at the office.

9:45 am Bonny Doon Beach Trip. We will meet near the Lupin office and carpool to the beach, leaving at 10 am. Pack your own lunch (or stop on the way) and bring water for the day. The morning fog should disappear by the time we make our way to the beach. *Rich Pasco* will be leading this adventure.

1 pm TNS Book Discussion Group. The All-Girl Filling Station's Last Reunion. Join us in a discussion of this fabulous, fun-filled book, spanning decades and generations, and centered on a little-known aspect of America's twentieth-century story. Another irresistible novel by the remarkable *Fannie Flagg*. **Restaurant Lawn**

1 pm How can naturists gain political/social power. Open Discussion. *Ron Weimer*. *NAC/NEF Board Member*. **Redwood Grove**

2 pm Naturist Beaches. Retention, Development & Management. Tried & True methodologies on keeping what you have, getting what you want, and dealing with success. *Richard Mason*, *NAC/NEF Board Member*. **Restaurant Lawn**

3 pm The Importance of Kentucky. And Arkansas, and Utah, and Alabama, and Oklahoma, and several other places that some have called "toxic for nudism." *Bob Morton*, *NAC/NEF Executive Director*. **Redwood Grove**

4 pm Welcome and General Assembly. Meet the folks from Lupin, workshop leaders, group and club

leaders, *NAC/NEF Board Members and TNS Staff*. Step up and introduce yourself. **Restaurant Lawn**

4:30 pm (or directly after General Assembly.) Ice Breaker Games and Improv Theater Class with *Rochelle*. **Oak Tree Lawn**

5 pm The Need for NAC/NEF Area Representatives. You can make a difference. Whether you realize it or not, you have something to offer. Come join us and see how naturists like you all over the country are helping protect our naturists rights...AND YOU CAN TOO. *Bill Schroer, Jim Dickey, Susan Rothberg*, *NAC/NEF Board Members*. **Restaurant Lawn**

8:30 Nudist Exploitation Films Revisited. Get a history lesson on American exploitation films and their nudist sub-genre, and see a really bad ground-break nudist film from the late 1960s. *Mark Storey*. **Restaurant**

Friday, July 20, 2018

10 am My Seven Rules of Political Engagement. Discussion led by *Gary Mussell*. **Redwood Grove**

10 am Travel in the Northeast. Focus on New York and New Jersey. Where we're at with Lighthouse Beach and Gunnison Beach (My regular haunts). What it's like to live under Santorelli in New York State. *Susan Rothberg*, *NAC/NEF Board Member*. **Oak Tree Lawn**

10 am NBC's Meet and Greet. A time for Naturist Breast Cancer survivors (or friends and relatives) to connect and share. *Claude Richards*. **Restaurant Lawn**.

11 am Women in Naturism. What it means to be a woman in naturism. *Carmen Hamm, Nicky Hoffman*, *Claude Richards*. **Oak Tree Lawn**

4 pm DumAss Sig Games. You've all heard about the DumAss Sig, right? Join in some fun, silly DumAss games. Head DumAss Dave will be assisted by his wife *Chrissy and Susan Rothberg*.
Restaurant Lawn

5 pm NAC is not Legal Insurance. Nor is TNS. Nor is NEF. Nor is AANR. *Bob Morton, NAC/NEF Executive Director. Redwood Grove*

5 pm Mancala Madness Games with *Lori Kay*.
Restaurant Patio

5 pm Go. Asian Board Games with *Tim M*.
Restaurant Deck

7 pm Hippie Sumer of Love Fashion Show and contest. **Restaurant Patio**

8 pm Open Mic. Join *Charlie Perkins*, Lupin's own favorite nude guitar player (and mine too), as he plays classical guitar and hosts this evenings festivities. This is an opportunity for you to express your artistic side. Sing, dance, play an instrument, read poetry or whatever. Sign up! Get up! Perform!
Clubhouse

Saturday, July 21, 2018

10 am Folk Dancing. Learn some basic folk dances with *Vic Vickland*. **Upper Lawn**

10 am Ten Reasons For Joining a Naturist Organization. Number 3 might surprise you. *Bob Morton. NAC/NEF Executive Director. Redwood Grove*

10 am Worms Working for You. Find out how worms can help your garden, and how easy it is to set up a worm bin at home. *Kathy Blanchard*.
Restaurant

11 am Women's Luncheon. Skin Deep: How Naturism debunks the Beauty Myth

Enjoy a delicious meal in the Lupin restaurant with a discussion among like-minded women. The luncheon will be followed by a fabulous playtime of body painting with Red Moroccan Clay, which has been used for centuries in spa applications, such as the body wraps used in Turkish bath houses. Both your soul and your skin will be nourished! *Cindy Gregory. Restaurant*

11 am Beach First Aid and Heat-Related Emergencies. Identifying and treating some common medical emergencies beachgoers may experience or encounter, some of which may become life-threatening without early recognition and intervention. Don is a retired firefighter/paramedic of 36 years and will share some quick tips on helping fellow beachgoers in distress, and preventing potential problems from becoming true emergencies. *Don Zirbel, NAC/NEF Board Member. Redwood Grove*

1 pm Western Naturist Gathering Group Photo
Redwood Grove

1:15 pm TNS Lifetime Membership SIG Meet & Greet. Lifetime members and those who have been thinking about becoming a lifetime member should join in this lively discussion. *Jim Dickey and Claude Richards. Restaurant Lawn*

1:15 pm Challenges Facing Naturism now and in the future. Open Discussion. *Susan Rothberg and Ron Weimer NAC Board Members. Redwood Grove*

2 pm Better Living through Energy. This session will be composed of brief descriptions of the history and underpinnings of acupressure coupled with lots of "fingers on" participation. Expect to learn some simple techniques to hook into the body's energy system and have a really fun time while doing it. *John Flavin*, known as The Gentle Acupuncturist, has a Master's Degree in Traditional Chinese Medicine, and is a licensed acupuncturist. He has been practicing acupressure for 15 years, and has an office in Palo Alto, CA. **Oak Tree Lawn**

