

NORTHEAST NATURIST FESTIVAL, August 2-7, 2016

Breakfast 8:00- 9:00 AM Lunch: Noon – 1:30 PM Supper: 5:30 – 7:00 PM

TUESDAY, 8/2/2016

- 1:30 **OPENING FRIENDSHIP CIRCLE** - Pavilion Lawn
- 2:30-5:30 **Sweat Lodge Construction**
- Craig Discher, Judy Chilson, Petra Stone - Ceremonial Area
Build the Native American type lodge used during the Festival.
- 2:30-4:30 **Thai Yoga Therapy** - Huck Ingles - Quiet Lawn
Ancient method of movement and stretching will bring you to bliss. Work with partner. Bring mats, blankets, towels.
- 2:30 **Sexuality & the Aging Process I**
- Brian Leonard - Jamboree Hill
Ways to enrich yourself & relationships, experience fun & real intimacy, quick paced & engaging.
- 2:30 **Numerology** - Brenda Ludlow - Middle Lawn
What your date of birth & birth name have to do with your life path & your personality.
- 2:30 **Children's Activity: Pool Time Fun** - Bill & Gwen Bradshaw - Pool
- 3:30 **West African Drumming**
- John Dodge, Dakota Holmes-Dodge - Ceremonial Area
Learn the rhythm parts that create an African dance; play in the following African dance class.
- 3:30 **The Five Languages of Love** - Morley Schloss - Jamboree Hill
Enhance your relationships by discovering your own and your partner's desired expressions of love. Experiential.
- 3:30 **Children's Activity: Rock Painting**
- Shen Tai, Kemet, & Thana Rivkin - Playground Shelter
- 4:30 **West African Dance**
- John Dodge, Dakota Holmes-Dodge - Ceremonial Area
African dance movements to build your body and spirit.
- 4:30 **Recovery Plus Support Group** - Brian Leonard - Quiet Lawn
Non Judgemental 12 step based group for individuals, family members and friends who may be struggling with effects of addiction/compulsion.
- 4:30 **The Art of Modeling** - Bill & LaDonna Pacer - Jamboree Hill
Being an artist's model. Artists welcome.
- 4:30 **Singles SIG Meet & Greet** - George Winlock - Middle Lawn
Get to know other single nudists.
- 4:30 **Children's Activity: Scavenger Hunt**
- Gwen Bradshaw - Playground Shelter
- 7-11:00 **Coffee House by the Pond** - Brian Leonard, Petra Stone - Pond
Conversation, dancing, open mike; bring instruments & snacks.
- 7:00 **DEADLINE:**
ORDER BOX LUNCHEES FOR POTTERS FALLS TRIP
- 7:00 **Magnificent Obsession** - Morley Schloss - Clubhouse
TV show on naturism filmed at Empire Haven.
- 7:00 **Children's Activity: Campfire with S'mores**
- Thana Rivkin - Ceremonial Area
Join us by the camp fire for S'more making fun!
- 8:00 **Benjamin Franklin, Naturist (performance)**
- Bill Pacer - Upper Haven
Portrayal of the life of this important statesman, scientist, & naturist.
- 9-11:30 **Drum Circle & Bonfire with Dancing** - John Dodge, Dakota & Forest Holmes-Dodge - Ceremonial Area
- 9-10:30 **Nudist Features Night** - Jeff Riddlebaugh - Clubhouse
1954 Classic: "Garden of Eden"
- 9:00 **Theatrical Comedy Fun** - Wylie Richardson - Upper Haven
Sketch comedy, Improvisation, Theatrical Games; preparation for a group performance.

WEDNESDAY, 8/3/2016

- 8:00 **Morning Yoga** - Melissa Siener - Middle Lawn
Begin your day with breath & movement.
- 9:00-2:30 **Potters Falls Trip** - Morley Schloss - Meet at Pavilion Lawn

- Clothing optional hike through beautiful gorge; swim below waterfall.*
- 9:00 **Finding Your Roots** - Beverly Jilson - Jamboree Hill
Share experiences in searching for ancestors.
- 9:00 **Herbs** - Brenda Ludlow - Middle Lawn
Features, benefits, use for medicinal & nutritional purposes.
- 10:00 **Orientation to Men's Sweat Lodge**
- Craig Discher, Judy Chilson - Ceremonial Area
What to expect, Inipi Purification Ceremony in the Lakota tradition.
- 10:00 **Puja** - Darrell & Nancy Casey - Quiet Lawn
Mostly non-verbal introduction to tantra & each other.
- 10:00 **Zen Doodling** - Laurie Perry - Pavilion
The art of mindful doodling.
- 11:00 **Nudist Experiences** - George Winlock - Middle Lawn
First times; places, & interesting/funny events.
- 11:00 **Naturist Food Demo** - Susan Rothberg - Pavilion
No bake chocolate pudding pie & more
- 11:00 **Couples Massage** - Ofer Orr, Beverly Jilson - Khaki Shack
Demonstration, instruction, and practice with your partner. Bring a partner, pillows & towel.
- 1:30 **Pickleball Workshop**
- Tammie & Ray Brown - Pickleball Court
Learn to play the game of pickleball.
- 1:30 **Stitch 'n Bitch** - Susan Rothberg - Clubhouse
Bring your needlework; complain about whatever.
- 1:30 **La Vérité Toute Nue (The Naked Truth)**
- Dave Curtin - Khaki Shack
Demonstration of a sundial that uses a mirror's reflection to indicate the time. Sundial history.
- 2:30 **Being a Photographer's Model**
- Bill & LaDonna Pacer - Jamboree Hill
Techniques & practice. Photographers welcome.
- 2:30 **Love Builders** - Darrell & Nancy Casey - Quiet Lawn
Explore ways to create loving relationships despite going through challenging circumstances.
- 2:30 **Our Justice System: Is There Redemption?**
- Les Rivkin - Middle Lawn
Is there fairness in the judicial system?
- 2:30 **Barely Funny Rehearsal** - Wylie Richardson - Upper Haven
Prepare for performance.
- 2:30 **Children's Activity: Pool Time Fun**
- Gwen & Bill Bradshaw - Pool
- 3:30-5:30 **Shamanic Drumming Journey**
- Charles Myers - Ceremonial Area
Journey for a message of spiritual guidance from a power animal or spiritual teacher.
- 3:30 **Hair vs Bare** - Murray Schechter, Susan Rothberg - Middle Lawn
Which do you prefer? Hair? Bare? Where? There? Everywhere? Bald and ribald? Hirsute and cute?
- 3:30 **Testosterone - Looking Good at 100**
- John Dodge - Jamboree Hill
What does testosterone do for us? What foods will increase and decrease it? Why is Sunlight exposure so important? Men & women welcome.
- 3:30 **Savasana & Nidra: Ultimate Yoga Relaxation**
- Huck Ingles - Quiet Lawn
Bring mats, towels, blankets for a guided meditation so mellow it should be illegal.
- 3:30 **Children's Activity: Ready, Set, Smoothie**
- Shen Tai, Kemet, & Thana Rivkin - Pavilion
Make delicious smoothies while rocking to the 70's.
- 4:30 **The Acceptance of Topfree Equality**
- LaDonna Pacer - Middle Lawn
Topfree activist discusses progress.
- 4:30 **Poly 101** - Murray Schechter, Lee Hencen - Jamboree Hill
Discussion: what is polyamory, how does it work, do's & don'ts of polyamory & ethical non-monogamy.
- 4:30 **Recovery Plus Support Group** - Brian Leonard - Quiet Lawn
Non Judgemental 12 step based group for individuals, family members and friends who may be struggling with effects of addiction/compulsion.
- 4:30 **Children's Activity: Making Decorative Rattles**

- Petra Stone - Playground Shelter
- 7:00 **Comfort Zone** - Clubhouse
When global climate issues come to our backyards. Specific setting is Upstate, NY, but can happen anywhere. (documentary)
- 7:00 **Body Parts Game for All Ages** - Morley Schloss - Khaki Shack
- 8:00-11:00 **Square Dance** - Casey Carr, caller, & Metku Band - Pavilion
Fun square dances. No experience necessary.
- 8:30-10:00 **Empowered: Power from the People (documentary)** - Clubhouse
Proving that energy needs can be met through totally renewable sources in Ithaca, N.Y..
- 9-11:30 **Drum Circle & Bonfire with Dancing** - John Dodge, Dakota & Forest Holmes-Dodge - Ceremonial Area
- 10-11:30 **Free the Nipple** - Clubhouse *Documentary on topfreedom.*

THURSDAY, 8/4/2016

- 8:00 **Morning Yoga** - Melissa Siener - Middle Lawn
Begin your day with breath & movement.
- 9:00 **Naturist Public Relations** - Bill Pacer - Middle Lawn
Being public & increasing acceptance of naturism.
- 9:00 **Sundials Part I** - Dave Curtin - Khaki Shack
Overview of sundial types and how they tell time.
- 9:00 **What's On Your Bucket List** - Vera Scroggins - Jamboree Hill
What keeps you from realizing your dreams.
- 9:00 **Recovery Plus Support Group** - Brian Leonard - Quiet Lawn
Non Judgemental 12 step based group for individuals, family members and friends who may be struggling with effects of addiction/compulsion.
- 9:00 **Children's Activity: Drumming**
- Forest Holmes-Dodge - Ceremonial Area
- 10:00 **Nude Cruising** - Beverly Jilson - Middle Lawn
Information & share experiences.
- 10:00 **Orientation to Women's Sweat Lodge**
- Craig Discher, Judy Chilson - Ceremonial Area
What to expect, Inipi Purification Ceremony in the Lakota tradition.
- 10:00 **Integrity in Relationships**
- Murray Schechter, Lee Hencen - Jamboree Hill
How we've been in integrity - and not; what we've learned along the way.
- 10:00 **Water Aerobics** - Marianne Thibault - Pool
Low impact aerobic exercise.
- 10:00 **Children's Activity: Tablet Games**
- Daniel Redmond, Ann Walden - Playground Shelter
- 11:00 **GENERAL ASSEMBLY** - Pavilion Lawn
- 1:30-5:30 **Sweat Lodge for Men**
- Craig Discher, Petra Stone - Ceremonial Area
Native American purification ceremony.
- 1:30 **Free Your Voice**
- Helene Williams, Leonard Lehrman - Khaki Shack
Find the singing voice you never knew you had.
- 1:30 **Learning to Love the Shape You're In**
- Darrell & Nancy Casey - Quiet Lawn
Explore ways to deepen body acceptance and transform nude recreation into nude Re-Creation.
- 1:30 **Compass Readings** - Brenda Ludlow - Clubhouse
Demonstration of Compass - an electronic tool to determine what supplements would most benefit you.
- 1:30 **Children's Activity: Food Crafts & Chemistry**
- Ann Walden - Playground Shelter
- 2:30-4:30 **Thai Yoga Therapy** - Huck Ingles - Quiet Lawn
Ancient method of movement and stretching will bring you to bliss. Work with partner. Bring mats, blankets, towels.
- 2:30 **Raw Pasta & Gourmet Sauces** - John Dodge - Pavilion
The Amazing Spirooli! Use this tool to make fast, healthy raw pasta dishes without grains and without calories. Make exciting gourmet sauces to top raw vegetable noodles - Spicy Thai Peanut Sauce.
- 2:30 **iPhone Basics** - Marianne Thibault - Middle Lawn
Power tips & using your address book.
- 2:30 **Children's Activity: Pool Time Fun** - Thana Rivkin - Pool
- 3:30-5:30 **Naturist Photography Safari**

- Carl Zablak - Meet at Pavilion Lawn
Pose for pictures and take pictures of each other in nature.
- 3:30 **Play Reading Rehearsal**
- Leonard Lehrman, Helene Williams - Upper Haven
Prepare for Stark and Vagina Monologues readings.
- 3:30 **Children's Activity: Explorers Hike & Treasure Hunt**
- Daniel Redmond, Ann Walden - Playground Shelter
- 4:30 **Raw Food Aphrodisiac Desserts** - John Dodge - Pavilion
Have fun making & tasting live food sensual desserts. Spice up your love life one bite at a time.
- 4:30 **Swami Talk for All Ages** - Nevada Luce - Khaki Shack
Contacting your inner wisdom.
- 7-11:00 **Coffee House by the Pond** - Brian Leonard, Petra Stone - Pond
Conversation, dancing, open mike; bring instruments & snacks.
- 7:00 **Stark Play Reading**
- Naturist Society Opera Musical Theatre SIG - Upper Haven
Original naturist comedy.
- 7:00 **Children's Activity: Disco**
- Amber & Forest Holmes-Dodge - Pavilion
- 8-11:30 **Oldies Karaoke** - Dave Herholtz - Pavilion
- 8:00 **Vagina Monologues Play Reading**
- Naturist Society Opera Musical Theatre SIG - Upper Haven
Important long running play.
- 9-11:30 **Drum Circle & Bonfire with Dancing**
- John Dodge, Forest & Dakota Holmes-Dodge - Ceremonial Area
- 9:00 **Barely Funny** - Wylie Richardson & Company - Upper Haven
A Saturday Night (Live) clothing-optional cabaret.

FRIDAY, 8/5/2016

- 8:00 **Morning Yoga** - Melissa Siener - Middle Lawn
Begin your day with breath & movement.
- 9:00 **Choices: Values in Relationships Game**
- Morley Schloss - Khaki Shack
Discover/clarify what values are important to you in establishing or enhancing a relationship.
- 9:00 **Singles SIG Meet & Greet** - George Winlock - Middle Lawn
Get to know other single nudists.
- 9:00 **Rosemary's Perfect Cream** - Felicity Jones - Pavilion
Make this luscious body butter using natural ingredients. Bring a small container to take some home.
- 9:00 **Orientation to Sweat Lodge for All**
- Craig Discher, Judy Chilson - Ceremonial Area
What to expect, Inipi Purification Ceremony in the Lakota tradition.
- 9:00 **Children's Activity: Hopscotch Tournament**
- Susan Rothberg - Playground Shelter *It's just plain fun.*
- 10-12:00 **Conscious Communique** - Brian Leonard - Quiet Lawn
Non-sexual touch: how to say "no" or "yes" with clarity & confidence. Be ready to laugh & learn.
- 10:00 **West African Drumming**
- John Dodge, Dakota Holmes-Dodge - Ceremonial Area
Learn the rhythm parts that create an African dance; play in the following African dance class.
- 10:00 **Water Aerobics** - Marianne Thibault - Pool
Low impact aerobic exercise.
- 10:00 **Overview of Energy Healing Modalities**
- Beverly Jilson - Jamboree Hill
Similarities & differences.
- 10:00 **Children's Activity: Field Games**
- Jasyn Skynyrd - Playground Shelter
Egg toss, water balloon toss.
- 11:00 **Nude Apples to Apples**
- Maureen Watts, Pete Burwin - Clubhouse
Nude twist on this popular game. Limited to the 1st 10.
- 11:00 **West African Dance**
- John Dodge, Dakota Holmes-Dodge - Ceremonial Area
African dance movements to build your body and spirit.
- 11:00 **Kirtan** - Michelle Angel - Jamboree Hill

- Singing from the heart as a meditative experience.*
- 11:00 **Children's Activity: Gymnastics**
- Kemet Rivkin, Nevada Luce - Playground Shelter
- 1:30-5:30 **Sweat Lodge for Women**
- Petra Stone, Rob Wandell - Ceremonial Area
Native American purification ceremony.
- 1:30-3:30 **Improv for Fun & Improved Life**
- Gwen & Bill Bradshaw - Quiet Lawn
Learn some improv games; how improv can improve your work, family, personal and social life.
- 1:30 **Cybercrime** - Ed Thibault - Middle Lawn
Cybercrime allows cheap, anonymous access to your information for identity theft, stealing credit and bank accounts, cyber bullying and stalking.
- 1:30 **Exotic Fruit Tasting** - John Dodge - Pavilion
Taste some interesting tropical fruits.
- 1:30 **Children's Activity: Caricatures**
- Jasyn Skynyrd - Playground Shelter *Cartoons of you!*
- 2:30 **Sprouting - Going Beyond Lettuce** - John Dodge - Pavilion
Which seeds can be sprouted, easy sprouting and storing techniques, recipes, demo, samples to eat.
- 2:30 **Ibogaine: The Drug Addiction Interrupter**
- Thana Rivkin - Jamboree Hill
Benefits of Ibogaine and its role in treating drug addiction.
- 2:30 **Children's Activity: Pool Time Fun**
- Thomas Moore - Pool
- 3:30 **Dances of Universal Peace** - Jim Leff - Middle Lawn
Sacred circle dances from the world's religious traditions. Easily learned, a fun and deepening experience.
- 3:30 **Difficult Conversations**
- Murray Schecter, Lee Hencen - Jamboree Hill
Submerge issues, risking an eventual explosion, or bravely discuss them. What has worked & what hasn't.
- 3:30 **Sarong Tying** - Vicki Burt - Vendor Area
Learn different ways to tie a sarong.
- 3:30 **Children's Activity: Face & Body Painting**
- Jasyn Skynyrd - Playground Shelter
- 4:30 **Politics of Children in Naturism**
- Morley Schloss - Pavilion Lawn
The challenges to children's participation in naturism: youth camps, home nudity, photography of children, child protective services, adults-only sites and events.
- 4:30 **True Naturist Experiences** - Bill Pacer - Jamboree Hill
Sharing amusing anecdotes.
- 4:30 **Nutrition for Healthy Aging** - Jim Leff - Middle Lawn
The interface between the wisdom of our ancestors and modern nutritional research.
- 4:30 **Recovery Plus Support Group** - Brian Leonard - Quiet Lawn
Non Judgemental 12 step based group for individuals, family members and friends who may be struggling with effects of addiction/compulsion.
- 4:30 **Children's Activity: Blow Your Bubble**
- Thomas Moore - Playground Shelter
- 7-9:00 **Makid: The Beginning** - John Dodge - Khaki Shack
Simple solution to the meaning of the Universe without negating any of the existing science and religious dogma –Learn the answer to Einstein's last problem!
- 7:00 **Naturist CaBAREt**
- Leonard Lehrman, Helene Williams - Upper Haven
Songs by The Naturist Society Opera-Musical Theater SIG.
- 7:00 **Fire Making** - Diane Cristiano, Ryan Glauder - Ceremonial Area
Tricks, sticks, & primitive fire making essentials.
- 7:00 **Children's Activity: Ice Cream Social & Pool Time**
- Pete Burwin - Clubhouse Deck, Pool
- 8-11:30 **DJ Dance with Karaoke** - Steve Richmond - Pavilion
- 8-10:00 **Faerie Elaine in Concert**
- Faerie Elaine, James the Beloved - Upper Haven
The inspiring music of award-winning performer and recording artist Faerie Elaine.
- 9-11:30 **Drum Circle & Bonfire with Dancing**
- Rob Wandell - Ceremonial Area
- 10:00 **Oneg Shabbat** - Susan Rothberg - Clubhouse Deck

Welcome the Jewish Sabbath with chocolate fountain, wine, and challah. Bring kosher desserts, dips for chocolate to share. All beliefs welcome.

10:30 **Harmonic Immersion - A Meditative & Sound Experience**

- Michelle Angel - Upper Haven

Singing bowls, large gongs and the Halo handpan drum create a rich soundscape that invites the listener to step inside the vibrations and embark on an inward journey.

SATURDAY, 8/6/2016

8:00 **Morning Yoga** - Melissa Siener - Middle Lawn

Begin your day with breath & movement.

9:00 **How Much of a Nudist Am I? How Public Am I About Being a Nudist?** - George Winlock - Middle Lawn

Scale of 1: "compulsively anti-nude" to 10: "tell the world".

9:00 **A Gathering of Divine Beings**

- Faerie Elaine, James the Beloved - Ceremonial Area

Come together to share and to be heard using simple, ancient ritual in a sacred space. If desired, bring item for altar.

9:00 **Forest Protection: Asian Longhorned Beetle/Emerald Ash Borer** - Diane Cristiano, Ryan Glauder - Jamboree Hill

Identify signs of ailing trees; protecting New York's canopy; tree climbing demonstration.

9:00 **Recovery Plus Support Group** - Brian Leonard - Quiet Lawn

Non Judgemental 12 step based group for individuals, family members and friends who may be struggling with effects of addiction/compulsion.

9:00 **Musical Hula Hooping for All Ages** - Shen Tai, Kemet, & Thana Rivkin, Arizona Luce - Pavilion Lawn

Join us with some rockin' tunes and laughter. Family fun for all. Bring your own hoola hoop or borrow one.

10:00 **Nudists & Lifestylers** - Beverly Jilson - Jamboree Hill

Can we coexist? Share how your club handles this topic.

10:00 **Emotional Relief & Support**

- Charles Myers, Petra Stone - Quiet Lawn

Events can leave you drained & anxious; calming, healing techniques to support emotional welfare.

10:00 **Zero Waste Living** - Felicity Jones - Middle Lawn

The zero waste environmental movement; how we can significantly reduce or eliminate trash we create daily.

10:00 **Good Bad Luck Stories**

- James the Beloved, Faerie Elaine - Pavilion Lawn

How things that first appeared tragic brought wonderful gifts. The best thing I ever did was run over my guitar.

10:00 **Water Aerobics** - Marianne Thibault - Pool

Low impact aerobic exercise.

10:00 **Children's Activity: Treasure Hunt**

- Gwen Bradshaw - Playground Shelter

11:00 **Involving Young Adults & Families in Naturism**

- Morley Schloss - Middle Lawn

People aged 18-30 do become active naturists - a successful model for offering what young adults and families want.

11:00 **Sundials Part II** - Dave Curtin - Khaki Shack

Sundial design, how to locate, orient, & read.

11:00 **Kirtan** - Michelle Angel - Ceremonial Area

Singing from the heart as a meditative experience.

11:00 **Vinegar** - Brenda Ludlow - Jamboree Hill

The features & benefits of vinegar in daily life & for health.

11:00 **Children's Activity: Super Soaker Fun**

- Jasyn Skynnyrd - Playground Shelter

1:00 **David Bowden Memorial Coin Toss**

- George Winlock - Playground Shelter

Securing the legacy of David "the money man" Bowden and experiencing the gift that comes from giving. Coin donations will be accepted.

1:30-5:00 **Sweat Lodge for All**

- Craig Discher, Petra Stone - Ceremonial Area

Native American purification ceremony.

1:30-3:30 **Nudity of the Heart: Love & Intimacy**

- Ben Ferris (Human Awareness Institute) - Khaki Shack

- Explore ways of being with others that are satisfying & nurturing, with the potential of moving through pretense & protective behaviors that prevent us from receiving and giving love. Experiential.*
- 1:30 **Nude Poet's Society** - Ed Thibault - Middle Lawn
Present your own poetry or your favorite poems; listen to the sound of one hand clapping.
- 1:30 **Practical Yoga Philosophy: Understanding True Nature**
- Huck Ingles - Jamboree Hill
The realistic physical and mental abilities brought about by meditation and yoga.
- 1:30 **Children's Activity: Have Your Pie & Eat It Too**
- Thomas Moore - Playground Shelter
- 2:30 **Sarong Tying** - Vicki Burt - Vendor Area
Learn different ways to tie a sarong.
- 2:30 **3 Card Story** - Julia Norris - Quiet Lawn
Allow your wisdom to speak through oracle cards; have a personal reading to take home.
- 2:30 **Christians, Pagans, Atheists, & Agnostics**
- Joseph Hartigan - Jamboree Hill
Where are these groups concentrated around the globe?
- 2:30 **Children's Activity: Pool Time Fun** - Jasyn Skynyrd - Pool
- 3:30-5:00 **Vulnerability in Relationships**
- Murray Schechter, Lee Hencen - Quiet Lawn
We are taught to "be strong", hide what is going on inside. How does this serve us in personal relationships? What works about vulnerability in relationships & what doesn't? Opportunities to choose our level of vulnerability.
- 3:30-5:00 **How to be Healthy in the 21st Century**
- John Dodge - Jamboree Hill
Nutrition, meditation, yoga, visualization, exercise, herbs, aromatherapy, Ayurveda, dancing, drumming and more to maintain your physical and spiritual humanity.
- 3:30-5:00 **Black + White + Santa Claus = 23** - Bill Pacer - Upper Haven
Performance & discussion on race, religion, bigotry, Santa Claus & Pope John Paul II.
- 3:30-5:00 **Children's Activity: Water Slide, Water Balloon Launch** - Thomas Moore, Jasyn Skynyrd - Parking Hill
- 5:00 **GROUP PHOTO** - Carl Zablak, Charles Myers - Pavilion Lawn
- 7:00 **Liberating, Sex: Unleashed (Performance)**
- LaDonna Pacer - Upper Haven
From preacher's kid to liberated lady.
- 7-11:00 **Coffee House by the Pond** - Brian Leonard, Petra Stone - Pond
Conversation, dancing, open mike; bring instruments & snacks.
- 7:00 **Children's Activity: Movie with Popcorn**
- Jasyn Skynyrd - Clubhouse
- 8-11:30 **DJ Dance** - Steve Richmond - Pavilion
- 8:00 **David Redmond in Concert** - Upper Haven
Instrumental and folk rock music.
- 9-11:30 **Drum Circle & Bonfire with Dancing** - John Dodge, Dakota & Forest Holmes-Dodge - Ceremonial Area
- 9:00 **Through the Years of the Northeast Naturist Festival**
- Charles Myers - Clubhouse
Photos from many previous years. (slide show)
- 10:00 **Lights on the Pond Water Ceremony**
- Brian Leonard, Petra Stone - Pond
Share your relationship with water.
- 10:30 **Harmonic Immersion - A Meditative & Sound Experience** - Michelle Angel - Upper Haven
Singing bowls, large gongs and the Halo handpan drum create a rich soundscape that invites the listener to step inside the vibrations and embark on an inward journey.

SUNDAY, 8/7/2016

- 8:00 **Morning Yoga** - Melissa Siener - Middle Lawn
Begin your day with breath & movement.
- 9-12:00 **Sweat Lodge Deconstruction**
- Craig Discher, Judy Chilson, Petra Stone - Ceremonial Area
Help take down the sweat lodge so we can reconstruct it another year.
- 9:00 **Nondenominational Christian Worship Service**
- Joseph Hartigan - Pavilion
- 9:00 **Field Health & Safety**
- Diane Cristiano, Ryan Glauder - Middle Lawn

- Zoonotic diseases from mosquitos & ticks; protection techniques.*
- 9:00 **Life Loves Me So Why Don't I?** - Julia Norris - Jamboree Hill
We've been programmed to deny our lovability & worthiness; it is time to change that program.
- 9:00 **Recovery Plus Support Group** - Brian Leonard - Quiet Lawn
Non Judgemental 12 step based group for individuals, family members and friends who may be struggling with effects of addiction/compulsion.
- 9:00 **Charicature for All Ages** - Jasyn Skynnyrd - Playground Shelter
Be a cartoon!
- 10:00 **Basic Mindfulness Meditation** - Charles Myers - Quiet Lawn
Simple meditation techniques for improved mental & emotional health. Group meditation practice at end.
- 10:00 **Climate Change** - Vera Scroggins - Middle Lawn
Update on fracking & warming of the planet.
- 10:00 **DIY Body Care** - Felicity Jones - Pavilion
Make your own deodorant, sunscreen, bug spray.
- 10:00 **Children's Activity: We're All Different & Perfect Friendship Circle** - Morley Schloss, Maureen Watts - Khaki Shack
- 11:00 **Naturist Values** - Jeff Riddlebaugh - Middle Lawn
Naturism is more than nude recreation.
- 11:00 **Glossolalia, Xenoglossy, Nigun**
- Joseph Hartigan - Jamboree Hill
"Speaking in tongues" as it relates to Christian, Pagan, and other religions.
- 11:00 **Pudding Toss for All Ages** - Morley Schloss - Lower Lawn
Messy, gooey free-for-all.
- 12:30-2:30 **Skin Cancer Screening** - Tom & Lydia Brown - Khaki Shack
- 1:30 **Naturist Rochester**
- Rich Hauver, Gwen Bradshaw - Middle Lawn
Growth by attracting different groups.
- 1:30 **Sexuality & the Aging Process II**
- Brian Leonard - Jamboree Hill
Ways to enrich yourself & relationships, experience fun & real intimacy, quick paced & engaging.
- 1:30 **Zen Doodling** - Ginny & Morgan Davie, Laurie Perry - Quiet Lawn
The art of mindful doodling.
- 1:30 **UFO's & Extraterrestrials 2016**
- Thomas Moore - Pavilion Lawn
Discussion, answers, & opinions.
- 1:30 **Children's Activity: Body & Face Painting**
- Nevada Luce - Playground Shelter
- 2:30 **Young Naturists of America**
- Jordan Blum, Felicity Jones - Pavilion Lawn
Introducing an important new activist organization.
- 2:30 **Power Yoga: Work Hard, Think Easy, Feel Better**
- Huck Ingles - Quiet Lawn
A strong and intelligent workout designed to challenge both your body and mind. Bring your water bottle, your yoga mat, towels.
- 2:30 **Nipple Rings, Genital Jewelry, & Other Body Decorations** - George Winlock - Middle Lawn
Your thoughts? If you have them, why do you like them?
- 2:30 **General Detoxing** - Brenda Ludlow - Jamboree Hill
Holistic modalities keep our bodies in good health.
- 2:30 **Children's Parade** - John Dodge, Amber, Dakota, & Forest Holmes Dodge - Playground Shelter
- 3:30 **CLOSING FRIENDSHIP CIRCLE** - Pavilion Lawn