

Midwinter Naturist Festival 2016 Menu

Breakfast: 7:30-9am Lunch: Noon-1:30pm Supper: 5:30-7:00pm

Thursday, February 13

Breakfast: Waffles with or without Fruit topping, Scrambled Tofu, Scrambled Eggs, Bacon, Veggie Sausage, Bread, Pastries, Fresh Fruit, Organic Vanilla Yogurt, Hot & Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Apple and Orange Juice

Lunch: Make Your Own Wrap: Veggies, Meats, Lettuce, Tomato, Onion, etc plus condiments, 3 Bean Salad, Fresh Fruit, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk and Lemonade

Dinner: Mushroom Soup, Pulled Pork, Chef's Special Tofu, Cooked Fresh Vegetables, Mashed Sweet Potatoes, Rolls, Fresh Fruit, Salad, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade

Friday, February 14

Breakfast: Pancakes with or without fruit topping, Scrambled Tofu, Scrambled Eggs, Bacon, Veggie Sausage, Bread, Pastries, Fresh Fruit, Organic Vanilla Yogurt, Hot & Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Apple and Orange Juice

Lunch: Make Your Own Sub: Veggies, Meats, Lettuce, Tomato, Onion, etc plus condiments, 3 Bean Salad, Fresh Fruit, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade

Dinner: Vegetable Soup, Chicken Enchiladas, Veggie Enchiladas, Refried Beans, Cooked Fresh Vegetables, Spanish Rice, Rolls, Fresh Fruit, Salad, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade

Saturday, February 15

Breakfast: French Toast with or without Fruit topping, Scrambled Tofu, Scrambled Eggs, Bacon, Veggie Sausage, Pastries, Fresh fruit, Organic Vanilla Yogurt, Hot & Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Apple and Orange Juice

Lunch: Burgers – Well Done – Veggie and Beef, Vegetarian Baked Beans, Coleslaw, Potato Salad, Fresh Fruit, 3 Bean Salad, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade

Dinner: Asparagus Soup, Spaghetti, Veggie Balls and Meatballs, Veggie Parmesan, Cooked Fresh Vegetables, Mashed Potatoes, Rolls, Fresh Fruit, Salad, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade

Sunday, February 16

Breakfast: Make Your Own Breakfast Burrito: Scrambled Tofu or Eggs, Bacon, Veggie Sausage, Onions, Tomatoes, Spinach, Fresh Mushrooms, Cheddar Cheese, Salsa, Bread, Pastries, Fresh fruit, Organic Vanilla Yogurt, Hot & Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Apple and Orange Juice

Lunch: Meat Chili and Veggie Chili, Rolls, Fresh Fruit, 3 Bean Salad, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade

Dinner: Broccoli Soup, Ham Steaks, Chef's Special Tofu, Cooked Fresh Vegetables, Mashed Scalloped Potatoes, Mac & Cheese, Rolls, Fresh Fruit, Salad, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade

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Monday, February 17

Breakfast: Waffles with or without Fruit topping, Scrambled Tofu, Scrambled Eggs, Bacon, Veggie Sausage, Bread, Pastries, Fresh fruit, Organic Vanilla Yogurt, Hot & Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Apple and Orange Juice

Lunch: Make Your Own Wrap with Egg Salad, Tuna Salad, Chicken Salad, or Tofu, Fresh Fruit, 3 Bean Salad, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade

Dinner: Veggie Veggie Soup, Bar-B-Q Chicken, Bar-B-Q Tofu, Cooked Fresh Vegetables, Mashed Sweet Potatoes, Rolls, Fresh Fruit, Salad, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade

Tuesday, February 18

Breakfast: Smorgasbord For All with Meat & Veggie Options: Chef's Breakfast Choices, Veggie Sausage, Bread, Pastries, Fresh fruit, Organic Vanilla Yogurt, Hot & Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Apple and Orange Juice

Lunch: Smorgasbord For All with Meat & Veggie Options: Chef's Choice of Veggie, Fresh Fruit, 3 Bean Salad, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade

Box Lunch for Trips: Boxed Lunches – Sign up at the Hospitality Tent by 5pm Tuesday February 19

Dinner: Gala Smorgasbord with Meat & Veggie Options: Cooked Fresh Vegetables, Salad, Fresh Fruit, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Skim Milk, Soy Milk, Lemonade