

2010 ENG Preliminary Schedule Of Events

monday june 14

Noon Opening Day. Clothes are optional at the ENG for the next 6 days! Check in at the TNS registration table, relax and find your friends, it's a "free" day. Plan your own agenda. Hike, bike, swim, play volleyball, or just relax by the pool! Starting tomorrow a full schedule of activities is planned through Saturday!

7 pm Movie. Cinema.

tuesday june 15

7:30 am Standing Brocades. A series of 8 simple exercises that the ancient Chinese did early each morning to help activate the 12 energy meridians. Robin Stapley. Canteen Lawn.

9 am 6 Hands Massage Course. Ofer Orr. Guest Cabin Lawn.

10 am NAC: Incremental Body Acceptance. Each time we hear of a World Naked Bike Ride or a topfree march or an ordinance that uses 300 words to define the human buttocks, the debate re-ignites over whether these are activities and situations about which "true" naturists should care. Is naturism limited to matters of full nudity, or should naturists be concerned about issues of "incremental body acceptance?" Bob Morton. Canteen Deck.

11 am Contour Drawing. Helen Fleischer. Guest Cabin Lawn.

2 pm Volleyball Pick-up Game. Volleyball Court #2.

3 pm The NEF California Poll. The Naturist Education Foundation commissioned an important new public opinion survey in late 2009. Although it focused on the residents of just one state, the 2009 NEF-California Poll has important things to tell us about attitudes toward nudity and naturism. Are we listening? Bob Morton. Canteen Deck.

7 pm Singles SIG Meet & Greet. An annual event. Drop by and say hello! Boys' Campus, Cabin B.

7 pm Movie. Cinema.

9 pm Bonfire & Drumming Circle. Bring your own drum or other musical instruments. Bonfire Pit.

wednesday june 16

7:30 am Standing Brocades. A series of 8 simple exercises that the ancient Chinese did early each morning to help activate the 12 energy meridians. Robin Stapley. Canteen Lawn.

9 am Acupressure Points For Everyday Use. Six pressure points will be taught to help your daily life. Robin Stapley. Canteen Lawn.

10 am Orientation For First-time Gathering Attendees. In front of the TNS booth in the Marketplace.

10 am Gentle Water Exercise. Peggy Lamb. Pool.

10 am DumAss Olympics. DumAss SIG. Dining Hall Lawn.

11 am Water, Water, Everywhere...Where? Worldwide, (including here in America) we are going to run out of water before we run out of oil. Why is that, And what can we do about it? Jack Arnold. Canteen Lawn.

11 am NAC: Naturist Events—With Outreach In Mind. Naturists enjoy putting together and participating in events, from nude parties and swims to clothed community service activities. How can groups and clubs (and even individuals) take advantage of what they like to do, while raising awareness and making themselves an important part of the community? Bob Morton. Canteen Lawn.

11 am Gesture Drawing. Helen Fleischer. Guest Cabin Lawn.

1 pm 6 Hands Massage Course. Ofer Orr. Guest Cabin Lawn.

1 pm The Politics Of Children In Naturism. Meeting the challenges to children's participation in naturism: youth camps, home nudity, photography, adult-only venues, and Child Protective Services. Morley Schloss. Canteen Lawn.

2 pm Active Stretching for EveryBODY. Learn a gentle but powerful full-body routine of active stretching to reduce muscle tightness and spasms, increase flexibility and range of motion, improve posture, reduce stress, enhance the immune system, improve athletic performance, reverse some effects of aging, and reduce pain. Appropriate for all ages, body types, and fitness levels. Barry Bailey. Canteen Lawn.

2 pm Volleyball Pick-up Game. Volleyball Court #2.

2 pm Pareo-Tying 101. Do you have a beautiful pareo and don't know how to tie it? Here's your chance! Claude Richards. TNS Booth, Marketplace.

3 pm fullSPECTRUM Welcome Meeting. Meet, mingle, and get to know the Gay, Lesbian, Bisexual, Transgendered SIG, their friends, and supporters. Boys' Campus, Cabin S.

3 pm Massage/Shiatsu Workshop For Men. 12 hours of learning the basics. Groups of ten needed. Aristos Bonius. Canteen Lawn.

4 pm Welcome and General Assembly. Meet the TNS Staff, workshop leaders, group leaders and more. Hear what's happening for the rest of the week. Self-introductions will follow. Step up to the mic and tell us about yourself! Field House.

7 pm Movie. Cinema.

7 pm Naturist Trivia Challenge. Come and exercise your brain! The top 3 finishers will continue on to Naturist Jeopardy. Mike Abramson. Canteen.

8 pm This Is Naturist Jeopardy! The top 3 trivia contest finishers will join host Alex Trebek (oh, I mean Jim Dickey) for the classic mental contest. Prizes awarded. Canteen.

9 pm Simply S'mores! Join us for some tasty treats around the bonfire! Bring your own implements please! Bonfire Pit.

thursday june 17

7:30 am Standing Brocades. A series of 8 simple exercises that the ancient Chinese did early each morning to help activate the 12 energy meridians. Robin Stapley. Canteen Lawn.

9 am DumAss Olympics. DumAss SIG. Dining Hall Lawn.

9 am NAC: Where's Generation Y? Look around. Despite a continued focus on cultivating young naturists, we seem to be missing someone. The "Millennial Generation" or the "Net Generation" is not well-represented in naturist circles. Where's Gen Y, and more specifically, why aren't they here? Bob Morton. Canteen Deck.

10 am Story Starters. Need some inspiration? Join us for *Story Starters*, 5 minute writing sessions based on writing prompts to awaken your creativity and imagination. No writing experience necessary; bring paper and pen. Ruth Percey. Dining Hall.

10 am A Nudist Look at St. Maarten. Candid insights into the island's clothing-optional beaches. Includes a handout on "SXM" beaches and a souvenir of the island. Jeff Berger. Canteen.

10 am Gentle Water Exercise. Peggy Lamb. Pool.

10 am Rebuilding Earth From the Ground Up. If we wait for government and/or business to intervene on our and the earth's behalf—it ain't gonna happen! It will only happen when individuals and local communities begin developing and implementing entirely new strategies for environmental sustainability, spiritual fulfillment and social justice. Jack Arnold. Canteen Lawn.

10 am Orientation For First-time Gathering Attendees. In front of the TNS booth in the Marketplace.

11 am Naturist Group/Club/SIG Leadership Meeting. Working with TNS and networking with other regional leaders. Anyone involved with naturist group/club organizing or planning is strongly encouraged to attend. Debbie Jungwirth. Guest Cabin Lawn.

11 am Intenders Circles Manifest Anything. This workshop will be an overview of Tony Burrough's world-wide program of small group intenders meetings, which are being used to create changes in people's lives by showing them how to help the universe provide for their needs by having the energy of a loving supportive group work together. Bill Dewey & Isabel Henry. Cinema Lawn.

11 am Massage/Shiatsu Workshop For Men. 12 hours of learning the basics. Groups of ten needed. Aristos Bonius. Canteen Lawn.

11 am Freestyle Life Drawing. Helen Fleischer. Guest Cabin Lawn.

1 pm Getting Published in N magazine and More. Learn a few basic editing tricks and what we're looking for at *N* magazine. Nicky Hoffman Lee. Canteen Lawn.

1 pm 6 Hands Massage Course. Ofer Orr. Guest Cabin Lawn.

2 pm Shiatsu Back Class. By learning a few acupressure points and how to give compression strokes, each person will give and receive a relaxing back massage. Bring a mat or a couple of towels. Robin Stapley. Canteen Lawn.

2 pm Volleyball Pick-up Game. Volleyball Court #2.

2 pm The Naturist At Play. A participatory photo workshop. We'll have an assortment of props and toys to pose with. The photographers will catch the naturists in action. Much of the action will be spontaneous, but there will be some planned shots for morphs, panoramas and other special effects. This workshop will go until 4 pm. Eric Fleischer. Field House.

2 pm Men Talking With Men. This workshop is about taking advantage of the greater openness, honesty, love and acceptance between people without any clothes on to discover more about what we have in common. Perhaps, as a result, improve our friendships and relationships. We aren't here today to judge each other, just to share ideas and compare thoughts. Richard Nadeau. Dining Hall Lawn.

3 pm 2nd Annual TNS Facebook Group Page Get-Together. Curious? Join us for a discussion! Michael & Tracy Horgan. Canteen Lawn.

3 pm NEF: Parting Gifts, Taking Comfort From An Uncomfortable Prospect. You've supported naturism as an important part of your life. Isn't it natural to extend that support as part of your personal exit strategy? Planned giving makes sense, and it's a thoughtful way to continue making a difference. It can be tax deductible too. Bob Morton. Canteen Deck.

3 pm Assisted Stretching. Learn how to do assisted stretching with a partner. Many of the stretches will be familiar if you have taken the Active Stretching workshop. Learn the stretches using a stool, the floor, or a table. Emphasis will be placed on using proper body mechanics to execute each stretch so that you, as the giver, do not injure yourself in the process of helping your partner. Barry Bailey. Guest Cabin Lawn.

4 pm Diversa-Cheese and Whine! fullSPECTRUM SIG invites you to join them for some "whine" and cheese! Come one, come all! Poolside.

4 pm Surviving Breast Cancer. The journey to becoming whole and happy. Claude Richards. Guest Cabin Lawn.

4 pm Singles SIG Meet & Greet. Drop by and say hello! Boys' Campus Cabin B.

4 pm Values In the Relationship Game. This exercise helps to discover what is really important to you in forming a relationship. Morley Schloss. Dining Hall Lawn.

4 pm An Overview & Discussion of Diabetes. Vicki Lavallee. Canteen Lawn.

7 pm Naked European Walking Tour. Photos and descriptions of the 2009 Tour (NEWT) with information on how to participate in the 2010 NEWT. Milton Charleton. Hockey Rink.

7 pm Green Movie Time. "Dirt: The Movie." A story with heart and soul. A substantial look at the organic matter we rely on for our life, and how half of the world's supply has disappeared in the last 150 years. Jack Arnold. Cinema.

8 pm Bonfire & Drumming Circle. Everyone welcome, bring your own drum or musical instrument! Bonfire Pit.

9 pm DJ Dance. Rainbow Dance sponsored by fullSPECTRUM. Wear your rainbow-themed accessories. Prizes! DJ Mike. Dining Hall.

9:30 Naturist Slide Show. Come see pictures from Naturist Gatherings from 2009 and before. Eric Fleischer. Dining Hall.

friday june 18

7:30 am Standing Brocades. A series of 8 simple exercises that the ancient Chinese did early each morning to help activate the 12 energy meridians. Robin Stapley. Canteen Lawn.

8 am Lifetime Member Breakfast Reception. By invitation only. RSVP to TNS by 4 pm Thursday at the TNS booth. Dining Hall.

9 am Acupressure Points For Everyday Use. Six pressure points will be taught to help your daily life. Robin Stapley. Canteen Lawn.

9 am The Naturist Society Walk For the Cure. Join us in support of the Susan G. Komen battle against breast cancer. 2 mile walk. Prizes awarded afterwards. Pre-registration and \$20 fee (donation) by Wednesday at the TNS Booth. Clothing required, why not wear pink? Starting Point: TNS Booth.

9 am NAC: Naturism On Public Land. Events of the past year have re-shaped the challenges that naturists have always found when seeking clothing-optional recreation on public land. Learn important details of situations on public land across North America. Hear why the solutions of yesterday may not be adequate for tomorrow. Bob Morton. Canteen Deck.

10 am Orientation For First-time Gathering Attendees. In front of the TNS booth in the Marketplace.

10 am Water And Soil Conservation And Preservation. We will examine ways to maximize our water and soil resources through a variety of strategies, including retaining and using rain water, recycling and using greywater, bringing "dirt" back to life, food and flowers for body and soul. Jack Arnold. Cinema Lawn.

10 am Irritable Bowel Syndrome Discussion Group. A non-medical self-help discussion group for those of us suffering from IBS. This will be a safe, understanding place to discuss a chronic condition that is often a major part of our daily lives, but something non-sufferers generally don't want to hear about. Among the topics for discussion are: triggers, (food, stress, etc.) how it affects our daily lives, and coping techniques. Susan Rothberg. Hockey Rink.

10 am Gentle Water Exercise. Peggy Lamb. Pool.

10 am Beginning Genealogy. Ruth Percey. Dining Hall.

11 am Star Search Rehearsal. Sign up for the Star Search Talent Show at the TNS booth, and rehearse your "act." Field House.

11 am A TNS History in Pictures. Nicky Hoffman-Lee. Canteen.

1 pm Dealing With the Reluctant Spouse & Naturist Public Outing. How does the non-naturist public deal with your lifestyle? Mike Abramson. Canteen Lawn.

1 pm The NAC Area Representative Program. The Naturist Action Committee's Area Representative Program encourages local naturists to be the eyes and ears (and sometimes mouths) of naturist Activism. NAC operates as a grassroots activist organization, so a diverse and dispersed base of representatives is essential. Learn how you can become a part. Bob Morton. Canteen Deck.

1 pm DumAss Olympics. DumAss SIG. Dining Hall Lawn.

2 pm Naked Hysteria: The Concept and Birth Of a Naked Book. Dennis Craig Smith, author of *Growing Up Without Shame*, details the labor pains and delivery of his latest literary progeny. Dennis introduces *Naked Fear*, the book that so many thought would never actually arrive. He will outline the thoughts behind the work, the chapters, the artwork, and books will be available at the Gathering. Canteen.

2 pm 30 Years and Naturists Are Still In the Closet! Our journey to Camp Westmont... and more. Mike & Tracy Horgan, Nicky Hoffman Lee, Bob Smith. Canteen Lawn.

2 pm Volleyball Pick-up Game. Volleyball Court #2.

2 pm Hand & Foot Massage. Robin Stapley. Guest Cabin Lawn.

2 pm Conditions Of the Male Pelvis. A tight pelvis is common for many males. Learn why we have this tightness, and how it often begins in infancy. Learn exercises and stretches that are helpful for men with tight hips, upper legs, and lower backs—techniques that will relax muscles whose tightness contributes to low back pain, groin pain, testicle pain, constipation, hemorrhoids, incontinence, erectile dysfunction, premature ejaculation, weak erections, and even penis size. For men 18 years and older. Barry Bailey. Dining Hall Lawn.

3 pm Pudding Toss. Morley Schloss, Ringmaster. Duck Pond.

3 pm 6 Hands Massage Course. Ofer Orr. Guest Cabin Lawn.

3 pm Naked Fear Author Book Signing. Get your copy of *Naked Fear* today, and have author Dennis Craig Smith autograph it for you. TNS Booth, Marketplace.

4 pm Telling Friends & Family. Should I tell them? Should I stay quiet? Share your stories. George Winlock. Canteen Lawn.

4:30 Group Photo. Meet at Dining Hall Lawn.

7 pm Movie. Cinema.

7 pm Star Search. Bob Smith of the fullSpectrum SIG emcees this showcase of naturist creativity and talent. All ages and abilities welcome. Field House.

9 pm DJ Dance. DJ Mike. Field House.

saturday june 19

7:30 am Standing Brocades. A series of 8 simple exercises that the ancient Chinese did early each morning to help activate the 12 energy meridians. Robin Stapley. Canteen Lawn.

9 am Massage/Shiatsu Workshop For Men. 12 hours of learning the basics. Groups of ten needed. Aristos Bonius. Canteen Lawn.

9 am NAC: San Onofre. There's no question that naturists have suffered a setback in California, following the abrupt rescision of the Cahill Policy at San Onofre State Beach. Come discuss what we've learned, What the Naturist Action Committee has done, and what NAC's doing now. Gain some interesting inside insights on naturist activism. Bob Morton. Canteen Deck.

10 am Pareo-Tying 101. Do you have a beautiful pareo and don't know how to tie it? Here's your chance! Claude Richards. TNS Booth, Marketplace.

10 am Catch A Rising Star. A NOVA Program update and brainstorming session. Nicky Hoffman Lee. Guest Cabin Lawn.

10 am Gentle Water Exercise. Peggy Lamb. Pool.

10 am Story Starters. Need some inspiration? Join us for *Story Starters*, 5 minute writing sessions based on writing prompts to awaken your creativity and imagination. No writing experience necessary; bring paper and pen. Ruth Percey. Dining Hall.

10 am Raising Naturist Children. Morley Schloss. Canteen Lawn.

11 am 2012, Mayan Calendar, End Or Beginning? This workshop will be an overview of the Mayan calendar, depicting the various levels of apparent time speeding up, and the end of the history of war and violence, and the beginning of the age of peace. How to prepare for the changes, what the scientists and psychics have to say, and what YOU can do. Bill Dewey & Isabel Henry. Hockey Rink.

11 am Florida Beach Update. Check out B.E.A.C.H.E.S.' progress with the clothing-optional scene in Florida. Mike Abramson. Canteen Lawn.

11 am DumAss Olympics. DumAss SIG. Dining Hall Lawn.

11 am Annual fullSPECTRUM Summit. Poolside.

1 pm 6 Hands Massage Course. Ofer Orr. Guest Cabin Lawn.

1 pm fullSPECTRUM Annual Meeting. Poolside.

1pm Naturist Anthem Sing. Opera/Musical Theatre SIG. Field House.

3 pm Active Stretching for EveryBODY. Learn a gentle but powerful full-body routine of active stretching to reduce muscle tightness and spasms, increase flexibility and range of motion, improve posture, reduce stress, enhance the immune system, improve athletic performance, reverse some effects of aging, and reduce pain. Appropriate for all ages, body types, and fitness levels. Barry Bailey. Guest Cabin Lawn.

3 pm The Power Of Inspiration. id you know that inspiration is to the spirit as oxygen is to the body? It enlivens, energizes, and can be highly motivational. This workshop is an invitation to discuss and explore sources of inspiration that have the potential to empower, enrich, and revitalize our lives. Diana Carrero. Canteen Lawn.

3 pm NAC Roundup. Here's your opportunity to learn what's presently on the plate of the Naturist Action Committee throughout North America. Proactive pushes and steps forward, as well as essential responses to legislation, regulation, and litigation. Includes Q & A. Bob Morton. Canteen Deck.

4 pm Naturist Society Town Hall Meeting. TNS is a membership organization and we want to hear from you—our members. Please join us for a discussion on the state of the organization. (No Gathering feedback please, that's what the comment cards are for!) We need to stay on track for this very important topic. Field House.

7 pm NAC Large Donor Reception. Join NAC for fruit, cheese and wine. Canteen.

7:30 The Return of the Opera/Musical Theatre SIG. The Opera/Musical Theatre SIG returns with a program of solos and duets on naturist themes from the realms of Broadway, art song, and pop song. Field House.

8 pm Bonfire & Drumming Circle. Everyone welcome, bring your own drum! Bonfire Pit.

9 pm (Or after the OMT SIG) Living In the 80s DJ Dance. DJ Mike. Dining Hall.

9:30 Naturist Slide Show. Come see pictures from the 2010 Eastern Naturist Gathering. Eric Fleischer. Dining Hall.

sunday june 20

7:30 am Standing Brocades. A series of 8 simple exercises that the ancient Chinese did early each morning to help activate the 12 energy meridians. Robin Stapley. Canteen Lawn.

8 am Do Drop In: Breakfast with fullSPECTRUM. Come say hello or goodbye, exchange e-mails, etc. with your new friends. Dining Hall.

11 am Checkout Time. Plan to depart Camp Westmont by noon. *PLEASE* make sure your trash is out and your area is swept. Thanks for coming and travel safely!